

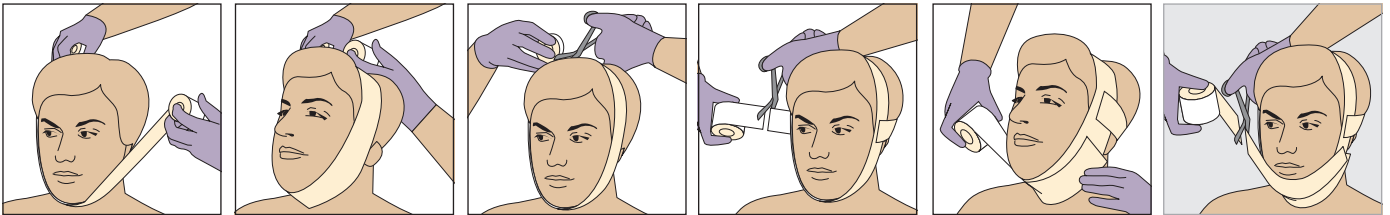
# 3M™ Coban™ 2 Lite Two-Layer Compression System Head and neck application

## Materials and positioning

- ▶ Select the 7.5cm lite comfort foam layer and 7.5cm lite compression layer

## Application of comfort foam layer for head and neck: layer 1

- ▶ Apply this layer with the foam side against the skin with just enough tension to conform
- ▶ Cover the skin with as thin a layer as possible with no gaps



**Step 1:** Using the 7.5cm comfort foam layer, begin the application laterally with the bandage positioned in front of the ears. Make a circular winding with enough tension as you come across the submandibular region to provide lift of the oedema. End the winding with a 2.5cm overlap. When the circular winding is completed, cut and mould the ends together.

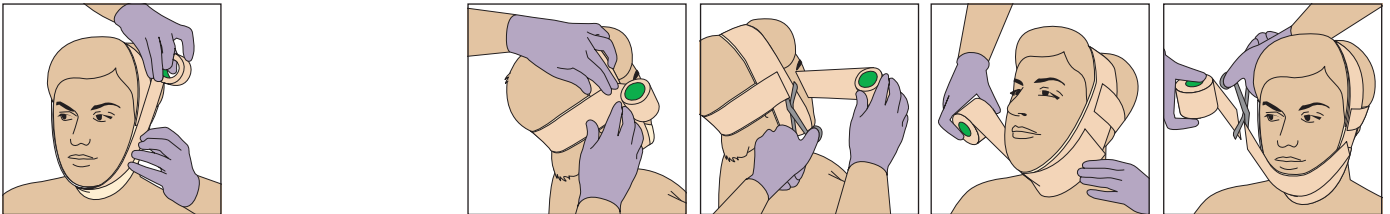
**Step 2:** To stabilise the bandage, apply a piece of comfort foam layer around the back of the head, placed above the ears. Cut and mould to the underlying layer.

**Step 3:** Apply an additional strip of comfort foam layer to cover the remaining submandibular area.

**Step 4 (Optional for chin oedema):** If needed, strips of comfort foam layer can be used for chin oedema.

## Application of compression layer for head and neck: layer 2

- ▶ Apply even compression with just enough tension to conform for comfortable support



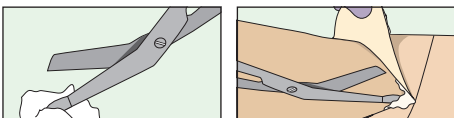
**Step 1:** Using the 7.5cm compression layer, begin application laterally with the bandage positioned in front of the ears. Make a circular winding with enough tension as you come across the submandibular region to provide lift of the oedema. End winding with a 2.5cm overlap. Cut and mould.

**Step 2:** Apply a piece of compression layer over the posterior comfort layer strip using enough tension to conform. Cut and mould.

**Step 3:** Apply additional strips of compression layer to cover the submandibular area with at least two layers. Apply with enough tension to provide sufficient but comfortable lift. Cut and mould to anatomy.

**Step 4:** Cover the comfort layer strips over the chin with two layers of compression layer.

## Bandage removal



**Bandage removal**  
Dipping the scissor tips into moisturising cream allows for comfortable and easy bandage removal.

## Note

Refer to the Instructions for Use for complete information related to the use of Coban 2 Lite Compression Systems.

## For head and neck

Image	3M code	NHSSC code	PIP code	Description	Size	Compression	Box qty	Rolls per procedure
	20713/ 20723	ECA217 (BD)/ ECA221 (BD)	365-4951/ 365-4993	7.5cm Lite Individual Rolls: Comfort Layer 1/ Compression Layer 2	7.5cm x 2.7m/ 7.5cm x 3.5m	Lite	18/32 rolls	1 per application

Please note Blue Diamond (BD) items are not currently stocked by NHS Supply Chain. Please allow for a longer delivery lead time.

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Note: Specific indications, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. This material is intended for healthcare professionals.

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View all Coban 2 Lite Compression System application videos and guides here.

