

3M™ Coban™ 2 Lite Two-Layer Compression System

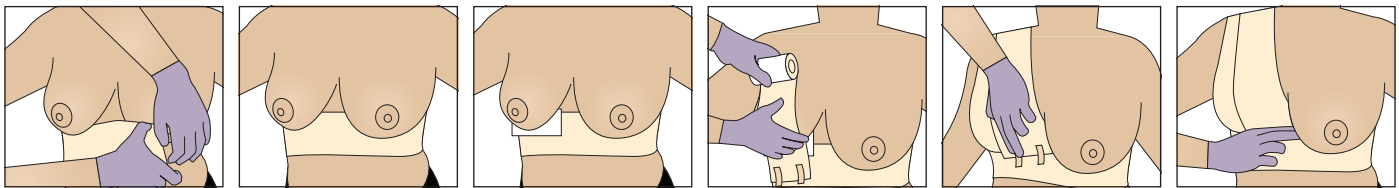
Breast application methods A and B

Method A: materials and positioning

- ▶ Select the 10cm or 15cm comfort foam and compression layers depending on the size of the patient
- ▶ It is useful to prepare strips of securement tape before starting the application of the comfort foam layer

Method A: application of comfort foam layer to the breast: layer 1

- ▶ Apply this layer with the foam side towards the skin with slight stretch to conform



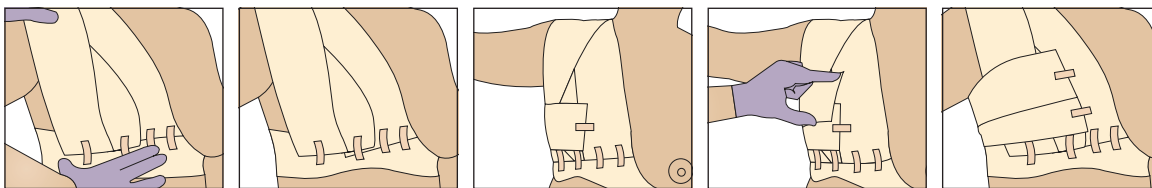
Step 1: Begin the application with a circular winding around the chest, positioned under the breasts.

Step 2: Cut the material leaving a 3cm overlap onto the underlying material. This cut edge will be secured with tape but before fixation, ask the patient to take a deep breath.

Step 3: For additional comfort, a piece of comfort foam layer can be placed under the breast with foam side up.

Step 4: Gently lift the breast and cover with strips of comfort foam layer applied longitudinally from front to back. Position the first over the centre.

Step 5: Secure each strip with a piece of tape as needed. Be sure that the tape is positioned on the middle third of the circular chest winding. Avoid taping to skin.

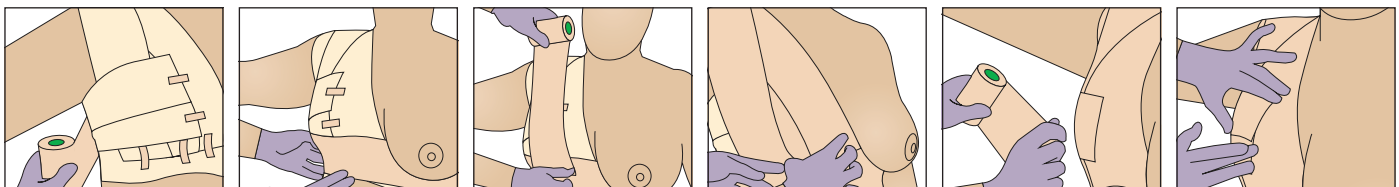


Step 5 continued: Be sure that the tape is positioned on the middle third of the circular chest winding. Avoid taping to skin.

Step 6: Cover the lateral side of the breast with strips of comfort foam layer so that the entire breast is enclosed. Secure each strip with tape.

Method A: application of compression layer to the breast: layer 2

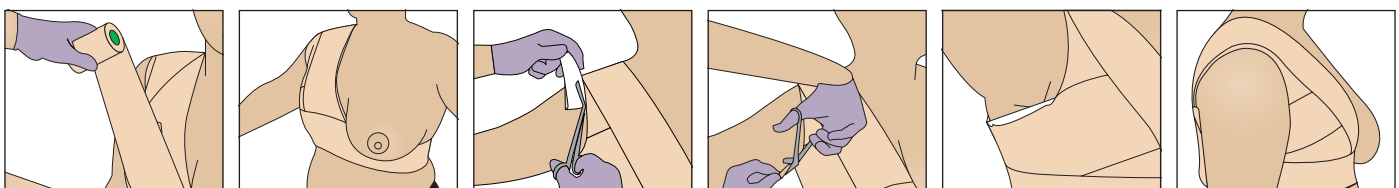
- ▶ The compression layer should be applied without tension when covering the breast
- ▶ 100% stretch application may be used for the lateral strips and for resistant areas of oedema as needed
- ▶ It is recommended that you hold the roll close to the body throughout the application for controlled, even compression
- ▶ Strips of tape should not be necessary for individual strips of compression layer. Press and mould the cut edges to the underlying layer



Step 1: Begin the compression layer starting with a circular winding around the chest. Before fixation ask patient to take a deep breath. Cut and mould the end to secure to the underlying layer.

Step 2: Cover the breast longitudinally with strips of compression layer applied with relaxed stretch from front to back. The first strip should be positioned over the centre and anchored to the circular winding (anterior and posterior). Gently mould into place.

Step 3: Cover the lateral side of the breast with strips of compression layer, applied at 100% stretch, until entire breast is enclosed.



Step 4: Apply an additional longitudinal strip to cover the previous endings to ensure that the application stays in place.

Step 5: As needed, a final circular winding around the chest completes the application and secures the edges.

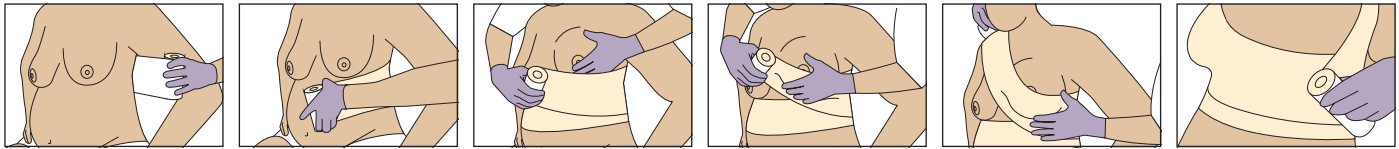
Step 6: Trim any areas that may hinder arm movement to allow maximum range of motion.

Method B: materials and positioning

- ▶ Select the 10cm or 15cm comfort foam layer and compression layer depending on the size of the patient
- ▶ It is useful to prepare strips of securement tape before starting the application of the comfort foam layer

Method B: application of comfort foam layer to the breast: layer 1

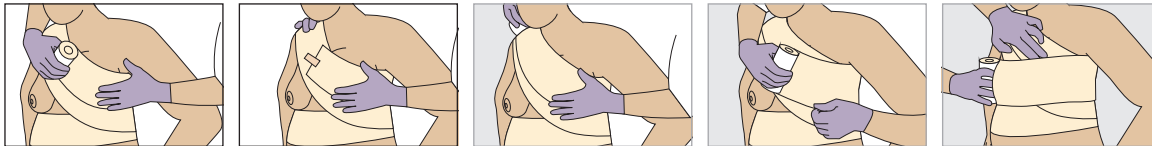
- ▶ Apply this layer with the foam side towards the skin with just enough tension to conform



Step 1: Ask patient to take a deep breath and begin comfort foam layer application with a circular winding around the chest, positioned under the breasts.

Step 2: Carefully lift breast and continue wrap upward towards opposite shoulder. Gently mould to breast anatomy.

Step 3: Bring roll down and across patient's back.

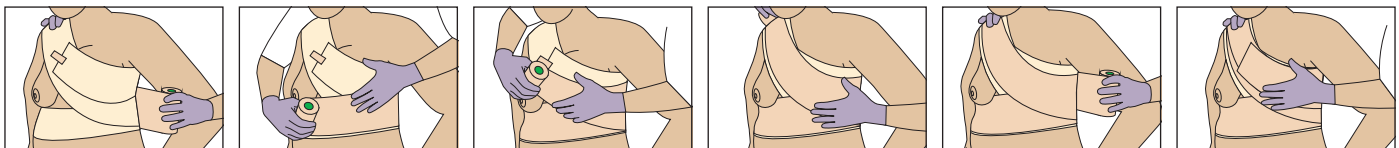


Step 4: Continue with additional winding(s) around chest, over opposite shoulder until breast is covered. Cut and mould to anatomy. Secure with tape.

Step 5 (optional – for bilateral breast support): Carefully lift breast and continue wrap upward towards opposite shoulder. Gently mould to breast anatomy.

Method B: application of compression layer to the breast: layer 2

- ▶ The compression layer should be applied without tension when covering the breast
- ▶ 100% stretch application may be used for the lateral winding and for resistant areas of oedema
- ▶ It is recommended that you hold the roll close to the body throughout the application for controlled, even compression
- ▶ Press and mould the cut edges to the underlying layer

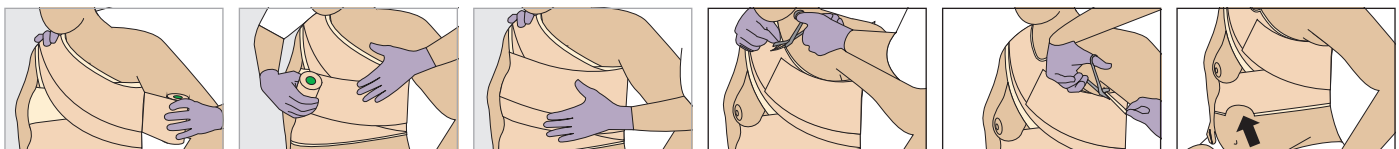


Step 1: Ask patient to take a deep breath and begin the compression layer application with a circular winding around the chest, positioned under the breasts.

Step 2: Carefully lift breast and continue the application with relaxed stretch upward towards opposite shoulder. Gently mould to breast anatomy. When coming across the shoulder avoid putting tension on top of the shoulder.

Step 3: Bring roll down and across patient's back. At lateral sides, apply at 100% stretch.

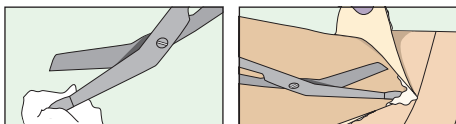
Step 4: Continue with additional winding(s) around chest, over opposite shoulder until breast is covered. Mould to anatomy while wrapping. Cut and mould to anatomy.



Step 5 (optional – for bilateral breast support): Instead of cutting wrap, bring across chest to support and cover contralateral breast. Cut and mould to anatomy. Continue to Step 6.

Step 6: Trim any areas that may hinder neck, arm or axillary movement to allow maximum range of motion. For additional comfort, bandage may be trimmed at the xiphoid process (see arrow).

Bandage removal



Bandage removal
Dipping the scissor tips into moisturising cream allows for comfortable and easy bandage removal.

Note

Refer to the Instructions for Use for complete information related to the use of 3M™ Coban™ 2 Lite Two-Layer Compression Systems.

For breast methods A and B

Image	3M code	NHSSC code	PIP code	Description	Size	Compression	Box qty	Rolls per procedure
	2794E	ECA203	355-1439	10cm Lite Kit: Comfort Layer 1 and Compression Layer 2	10cm x 2.7m and 10cm x 3.2m	Lite	2 rolls	1 per breast
	20716/ 20726	ECA219 (BD)/ ECA223 (BD)	365-4977/ 365-5016	15cm Individual Rolls: Comfort Layer 1/ Compression Layer 2	15cm x 2.7m/ 15cm x 3.5m	Lite	10/15 rolls	1 per breast
Alternatives								
	20714/ 20724	ECA218 (BD)/ ECA222 (BD)	365-4969/ 365-5008	10cm Individual Rolls: Comfort Layer 1/ Compression Layer 2	10cm x 2.7m/ 10cm x 3.5m	Lite	18/32 rolls	1 per breast

Please note Blue Diamond (BD) items are not currently stocked by NHS Supply Chain. Please allow for a longer delivery lead time.

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Note: Specific indications, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. This material is intended for healthcare professionals.

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View all Coban 2 Lite Compression System application videos and guides here.

