Highly contoured leg application — follow the roll

Materials and positioning

- Many patients have extreme leg contours. Due to the unique properties of Coban 2 Compression Systems, the application technique can easily be adapted to provide conformable, effective, sustained compression.
- Select the 4 in (10 cm) comfort foam layer and compression layer for most lower legs.
- For patients less tolerant of compression or who have mixed etiology with an ABPI ≥ 0.5, 3M™ Coban™ 2 Lite Two-Layer Compression System is recommended.

Application of comfort foam layer (layer 1), below the knee

- Apply the foam layer first, with the foam side against the skin, using just enough tension to conform to the shape of the leg with minimal
 overlap (i.e., try to cover the skin with as thin of a layer as possible with no gaps or overlaps).
- · When skin folds (lobules) are present, use pieces of folded comfort foam layer (foam side out) to separate the folds.



Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head. Beginning at the fifth toe provides neutral, comfortable foot alignment.



Step 2: The second circular winding should come across the top of the foot so that the middle of the bandage width approximately covers the articulating aspect of the ankle joint.



Step 3: Bring this winding around the back of the heel and lay it over the top of the foot where it overlaps the underlying material. Cut the wrap and gently press into place. The posterior plantar surface of the foot is not completely covered.



Step 4: With minimal overlap, and with slight stretch to conform smoothly along the contours, wind the bandage around the ankle and proceed up the leg applying the layer in the direction the roll takes you.



Step 5: The top of the bandage should end just below the fibular head, or two fingers width below the crease at the back of the knee. Bring the bandage back down the leg to cover all areas of the skin. To ensure as thin of a layer as possible, try to minimize the areas of overlapped material.



Step 6: As you end the application, apply light pressure and cut off the excess material. Mold the layers together to ensure that the bandage windings cohere to each other.

Application of compression layer (layer 2), below the knee

- Apply the material at 100% stretch and with 50% overlap.
- Hold the roll close to the limb throughout the application for controlled, even compression.
- If 'bulges' are noted after the application, apply additional compression layer until the limb appears smooth.



Step 1: With the foot in 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head.



Step 2: Using the figure of eight technique, bring the roll back over the top of the foot, across the bottom of the foot and back up to come around the back of the heel. Complete two or three figures of eight around the ankle ensuring that the entire heel is covered with at least two layers. Cut the wrap and gently mold into place.



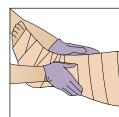
Step 3: Apply the next winding by starting the roll at the previous cut edge with a 50% overlap to the underlying material. Bring the bandage around the ankle and proceed up the leg in the direction the roll takes you with the top of the application ending just below the fibular head.



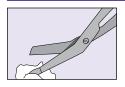
Step 4: Bring the bandage back down the leg to cover the entire comfort layer with at least two layers of compression material. If at any time you want to change the direction of the roll, you may cut the bandage and redirect the application.



Step 5: As you end the application, apply light pressure and cut off the excess material



Step 6: Mold the layers together to ensure that the bandage windings cohere to each other.





Dipping the scissor tips into moisturizing cream allows for comfortable and easy bandage removal. Cut down the leg in the direction of hair growth.

Note

Refer to the Instructions for Use for complete information related to the use of $3M^{\text{\tiny M}}$ Coban $^{\text{\tiny M}}$ 2 Two-Layer Compression Systems.

For venous leg ulcers ABPI ≥0.8 — 3M[™] Coban[™] 2 Two-Layer Compression Systems

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
Oben?	2094N	A6441/ A6452	4 in (10 cm) Kit: Comfort Layer 1 and Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.8 yd (10 cm x 3.5 m)	Full	2 rolls	8 boxes
Char?	2094XL	A6441/ A6452	4 in (10 cm) Long Kit: Comfort Layer 1 and Compression Layer 2	4 in x 3.8 yd (10 cm x 3.5 m) 4 in x 4.9 yd (10 cm x 4.5 m)	Full	2 rolls	8 boxes

Reduced compression for mixed aetiology leg ulcers ABPI ≥0.5 - 3M™ Coban™ 2 Lite Two-Layer Compression System

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case			
Cober?	2794N	A6441/ A6452	4 in (10 cm) Kit: Lite Comfort Layer 1 and Lite Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.5 yd (10 cm x 3.2 m)	Lite	2 rolls	8 boxes			



Solventum Medical Surgical 2510 Conway Avenue East St. Paul, MN 55144 USA

Phone 1-800-228-3957 Web Solventum.com

Highly contoured leg application — cutting technique

Materials and positioning

- Many patients have extreme leg contours. Due to the unique properties of Coban 2 Compression Systems, the application technique can easily be adapted to provide conformable, effective and sustained compression.
- For patients less tolerant of compression or who have mixed etiology with an ABPI ≥ 0.5, 3M™ Coban™ 2 Lite Two-Layer Compression System is recommended.

Application of comfort foam layer (layer 1), below the knee

- Apply the foam layer first, with the foam side against the skin, using just enough tension to conform to the shape of the leg with **minimal overlap** (i.e., try to cover the skin with as thin of a layer as possible with no gaps or overlaps).
- When skin folds (lobules) are present, use pieces of folded comfort foam layer (foam side out) to separate the folds.
- · If toes are included, apply compression layer (layer 2, see below) only after the toe application is complete.



Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head.
Beginning at the fifth toe provides neutral, comfortable foot alignment.



Step 2: The second circular winding should come across the top of the foot so that the middle of the bandage width approximately covers the articulating aspect of the ankle joint.



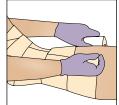
Step 3: Bring this winding around the back of the heel and lay it over the top of the foot where it overlaps the underlying material



Step 4: Cut the wrap and gently press into place. The posterior plantar surface of the foot is not completely covered.



Step 5: With minimal overlap, apply the next winding so it lays smooth along the contours and cut it when it overlaps the underlying material.



Step 6: Proceed up the leg with individual windings using the same technique. End the application at the fibular head, or just below the back of the knee. Cut off excess material. Light pressure applied at the end of the bandage and down the leg ensures that it stays in place during application of the compression layer.

Application of compression layer (layer 2), below the knee

- Apply even compression with 50% overlap.
 Even compression is best achieved when the material is applied at 100% stretch.
- It is recommended that you hold the roll close to the foot and limb throughout the application for controlled, even compression.
- If 'bulges' are noted after the application, apply additional compression layer until the limb appears smooth.

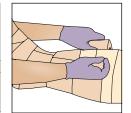


Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head.

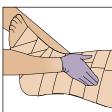


Step 2: Using the figure of eight technique, bring the roll back over the top of the foot, across the bottom of the foot and back up to come around the back of the heel.

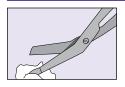
Complete two or three figures-of-eight around the ankle ensuring that the entire heel is covered with at least two lauers.



Step 3: For smooth conformability and even coverage, cut the compression material and proceed up the foot and leg with individual windings at 50% overlap, making sure to press and conform each subsequent layer.



Step 4: End the wrap at the fibular head, or just below the back of the knee, and even with the top edge of the comfort layer. Cut off any excess material. Gently press and conform the entire surface of the application.





Dipping the scissor tips into moisturizing cream allows for comfortable and easy bandage removal. Cut down the leg in the direction of hair growth.

Note

Refer to the Instructions for Use for complete information related to the use of $3M^{\text{\tiny M}}$ Coban $^{\text{\tiny M}}$ 2 Two-Layer Compression Systems.

For venous leg ulcers ABPI ≥0.8 — 3M™ Coban™ 2 Two-Layer Compression System

i or verious leg un	or venduo leg allocio ABT 1 2.00 OM COBain 2 1WC Lager Compression ogstem									
	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case			
Con?	2094XL	A6441/ A6452	4 in (10 cm) Long Kit: Comfort Layer 1 and Compression Layer 2	4 in x 3.8 yd (10 cm x 3.5 m) 4 in x 4.9 yd (10 cm x 4.5 m)	Full	2 rolls	8 boxes			

Reduced compression for mixed aetiology leg ulcers ABPI ≥0.5 - 3M™ Coban™ 2 Lite Two-Layer Compression System

·			<u> </u>	•			
	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
Cour?	2794N	A6441/ A6452	4 in (10 cm) Kit: Lite Comfort Layer 1 and Lite Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.5 yd (10 cm x 3.2 m)	Lite	2 rolls	8 boxes



Solventum Medical Surgical 2510 Conway Avenue East St. Paul, MN 55144 USA

Phone 1-800-228-3957 Web Solventum.com

3M[™] Coban[™] 2 Two-Layer Compression System

Below the knee basic application

Materials and positioning

- Apply the lower limb bandage with the patient sitting or lying comfortably.
- For the full benefit of compression therapy, it is important that the leg is supported in a relaxed position throughout application.
- If a wound is present, foam or super absorbent dressings are most effective to manage exudate. We recommend using 3M™ Kerramax Care™ Super-Absorbent Dressing.
- Select the 4 in (10 cm) comfort foam layer and compression layer for patients with an ABPI ≥0.8. For patients less tolerant of
 compression, or who have mixed etiology with an ABPI ≥0.5, 3M™ Coban™ 2 Lite Two-Layer Compression System is recommended.

Application of comfort foam layer (layer 1) for below the knee

- · Apply layer with the foam side against the skin, using slight stretch to conform to the shape of the leg with minimal overlap.
- Cover the skin with as thin of a layer as possible with no gaps.
- · When skin folds (lobules) are present, use pieces of comfort foam layer folded with foam side out to separate them.



Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head. Beginning at the fifth toe provides neutral, comfortable foot alignment.



Step 2: The second circular winding should come across the top of the foot so that the middle of the bandage width approximately covers the articulating aspect of the ankle joint.



Step 3: Cut the wrap and gently press into place. The posterior plantar surface of the foot is not completely covered.



Step 4: With minimal overlap, proceed up the leg in a spiral technique with slight stretch to conform smoothly along the contours. Continue up the leg to cover all skin with as thin of a layer as possible.



Step 5: Proceed up the leg to just below the fibular head, or the back of the knee, with minimal overlap, using just enough slight stretch to conform to the shape of the leg.



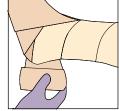
Step 6: Cut off excess material. Light pressure applied at the end of the bandage ensures that it stays in place during application of the compression layer.

Application of compression layer (layer 2) for below the knee

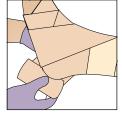
- Apply compression layer at 100% stretch and 50% overlap.
- It is recommended that you hold the roll close to the foot and limb throughout the application for controlled, even compression.
- If 'bulges' are noted after the application, apply additional compression layer until the limb appears smooth.



Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head.



Step 2: The second circular winding should come across the top of the foot and around the back of the heel.



Step 3: Using the figure of eight technique, bring the roll back over the top of the foot, across the bottom of the foot, and back up to come around the back of the heel. Complete two or three figures of eight around the ankle, ensuring that the entire heel is covered with at least two layers.



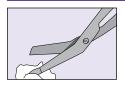
Step 4: Proceed up the leg with 50% overlap to cover the entire inner comfort layer. Maintain 100% stretch throughout the process.



Step 5: End the wrap at the fibular head, or just below the back of the knee and even with the top edge of the comfort layer. Cut off any excess material.



Step 6: Gently press and conform the entire surface of the application. This will ensure that the two layers bond firmly together which helps reduce slippage during wear.





Dipping the scissor tips into moisturizing cream allows for comfortable and easy bandage removal. Cut down the leg in the direction of hair growth.

Note

Refer to the Instructions for Use for complete information related to the use of $3M^{\text{\tiny M}}$ Coban $^{\text{\tiny M}}$ 2 Two-Layer Compression Systems.

For venous leg ulcers ABPI ≥0.8 — 3M[™] Coban[™] 2 Two-Layer Compression Systems

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
Gton?	2094N	A6441/ A6452	4 in (10 cm) Kit: Comfort Layer 1 and Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.8 yd (10 cm x 3.5 m)	Full	2 rolls	8 boxes
Alternatives for large	er legs						
Chen?	2094XL	A6441/ A6452	4 in (10 cm) Long Kit: Comfort Layer 1 and Compression Layer 2	4 in x 3.8 yd (10 cm x 3.5 m) 4 in x 4.9 yd (10 cm x 4.5 m)	Full	2 rolls	8 boxes

Reduced compression for mixed aetiology leg ulcers ABPI ≥0.5 - 3M™ Coban™ 2 Lite Two-Layer Compression System

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
Color:	2794N	A6441/ A6452	4 in (10 cm) Kit: Lite Comfort Layer 1 and Lite Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.5 yd (10 cm x 3.2 m)	Lite	2 rolls	8 boxes



Solventum Medical Surgical 2510 Conway Avenue East St. Paul, MN 55144 USA

Phone 1-800-228-3957 Web Solventum.com

Full leg application

Materials and positioning

- For many patients, it is necessary to apply the full leg application in two stages, first below the knee then above the knee.
- Apply the lower limb bandage with the patient sitting or lying comfortably (stage 1) and then have the patient stand to apply the upper leg bandaging (stage 2).
- For the full benefit of compression therapy, it is important that the leg is supported in a relaxed position throughout application.
- If a wound is present, foam or super-absorbent dressings are the most effective way to manage exudate. We recommend using 3M™ Kerramax Care™ Super-Absorbent Dressing.
- Stage 1: Select the 4 in (10 cm) comfort foam layer and compression layer for most lower legs.
- Stage 2: The 6 in (15 cm) comfort foam layer and compression layer should be used to cover the knee and thigh.

Stage 1: Application of comfort foam layer (layer 1), below the knee

- Apply the foam layer first, with the foam side against the skin, using just enough tension to conform to the shape of the leg with **minimal overlap** (i.e., try to cover the skin with as thin of a layer as possible with no gaps or overlaps).
- · When skin folds (lobules) are present, use pieces of folded comfort foam layer (foam side out) to separate the folds.



Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head. Beginning at the fifth toe provides neutral, comfortable foot alignment.



Step 2: The second circular winding should come across the top of the foot so that the middle of the bandage width approximately covers the articulating aspect of the ankle joint. Bring this winding around the back of the heel and lay it over the top of the foot where it overlaps the underlying material.



Step 3: Cut the wrap and gently press into place. The posterior plantar surface of the foot is not completely covered.



Step 4: With minimal overlap, proceed up the leg in a spiral technique with just enough stretch to conform smoothly along the contours. If the bandage spiral does not conform with minimal overlaps, the bandage may be cut to compliment the anatomical shape and features of the limb. Continue up the leg to cover all skin with as thin of a layer as possible.

Note: individual windings may be used for highly contoured legs.



Step 5: The top of the bandage should end just below the fibular head, or two fingers width below the crease at the back of the knee.



Step 6: Apply light pressure to the comfort layer with your hands. This helps to compliment the anatomical shape and features of the limb. The end of the comfort foam layer may be secured with tape.

Note: if toes are included, apply compression layer after the toe application.

Stage 1: Application of the compression layer (layer 2), below the knee

- Apply even compression with 50% overlap over the foam layer. Even compression is best achieved when the material is applied at 100% stretch.
- It is recommended that you hold the roll close to the foot and limb throughout the application for a controlled and even compression.
- If 'bulges' are noted after the application, apply additional compression layer until the limb appears smooth.



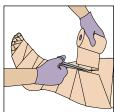
Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head.



Step 2: Complete two or three figures of eight around the ankle ensuring that the entire heel is covered.



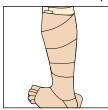
Step 3: Proceed up the leg with 50% overlaps at 100% stretch, ending the application approximately 3–4 in (7.5–10 cm) below the ending of the comfort layer. This will allow the comfort layer for the knee and thigh to overlap with the lower leg comfort layer for secure cohesion.



Step 4: As you end the application, apply light pressure and cut off the excess material.

Stage 2: Application of the comfort foam layer (layer 1), above the knee

- Apply layer with the foam side against the skin, using slight stretch to conform to the shape of the leg with minimal overlap.
- Cover the skin with as thin of a layer as possible with no gaps.
- When skin folds (lobules) are present, use pieces of comfort foam layer folded with foam side out to separate them.



Step 1: Reposition the patient to a standing position and flex the knee by placing a bandage roll under the heel.



Step 2: Select a 4 in (10 cm) or 6 in (15 cm) comfort foam layer, depending on the size of the limb.



Step 3: Apply the comfort layer by minimally overlapping with the comfort layer below the knee. Cover the knee with a spiral or figure of eight technique to ensure that the middle of the bandage is positioned over the articulating surface and crease of the knee. An additional piece of comfort layer prepared with edge slits for conformability may be used for comfort behind the knee.



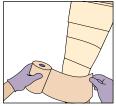
Step 4: Proceed to the top of the leg. Keep the overlaps as minimal as possible.



Step 5: Apply two full circular windings of comfort foam layer at the top of the leg to prevent edge roll. As you end the application, apply light pressure and cut off the excess material.

Stage 2: Application of the compression layer (layer 2), above the knee

- Apply even compression with 50% overlap. Even compression is best achieved when the material is applied at 100% stretch.
- It is recommended that you hold the roll close to the limb throughout the application for controlled, even compression.
- · If 'bulges' are noted after the application, apply additional compression layer until the limb appears smooth.

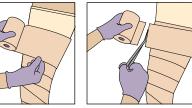




Step 1: Begin the compression layer application with a 50% overlap of the below knee bandage. Cover the knee using spiral windings or figures of eight as needed to conform. Ensure that the center of the bandage is in the center of the popliteal crease and centered over



Step 2: Proceed up the leg with spiral windings with **50% overlap** at **100% stretch**.

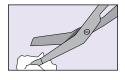


Step 3: Stop the compression layer application at the top of leg. Apply light pressure and cut off the excess material.



Step 4: Mold the entire application to conform to the anatomy.

Bandage removal





Dipping the scissor tips into moisturizing cream allows for comfortable and easy bandage removal. Cut down the leg in the direction of hair growth.

Note

Refer to the Instructions for Use for complete information related to the use of 3M[™] Coban[™] 2 Two-Layer Compression Systems.

For lower leg

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
Coton?	2094N	A6441/ A6452	4 in (10 cm) Kit: Comfort Layer 1 and Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.8 yd (10 cm x 3.5 m)	Full	2 rolls	8 boxes

For knee and thigh

	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
Grant 15	20096*		6 in (15 cm) Kit: Comfort Layer 1 and Compression Layer 2	6 in x 3.8 yd (15 cm x 3.5 m) 6 in x 4.9 yd (15 cm x 4.5 m)	Full	2 rolls	8 boxes

^{*4} in (10 cm) may be used for slimmer legs.



Solventum Medical Surgical 2510 Conway Avenue East St. Paul, MN 55144 USA

Phone 1-800-228-3957 Web Solventum.com

3M[™] Coban[™] 2 Two-Layer Compression System

Thin, fragile leg application

Materials and positioning

- For patients with very thin legs and/or vulnerable bony prominences such as the tibial crest or the top of the foot, the recommended technique for applying Coban 2 Compression System will result in a comfortable, protective compression application.
- For patients with an ABPI ≥0.8, select the Coban 2 Compression System.
- For patients less tolerant of compression, or who have mixed etiology with an ABPI ≥0.5, 3M™ Coban™ 2 Lite Two-Layer Compression System is recommended.

Application of comfort foam layer (layer 1) for below the knee

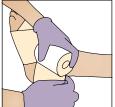
- Apply layer with the foam side against the skin, using slight stretch to conform to the shape of the leg with minimal overlap.
- Cover the skin with as thin of a layer as possible with no gaps.



Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head. Beginning at the fifth toe provides neutral, comfortable foot alignment.



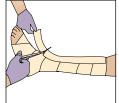
Step 2: The second circular winding should come across the top of the foot so that the middle of the bandage width approximately covers the articulating aspect of the ankle joint.



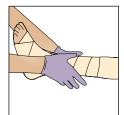
Step 3: The next winding runs over the back of the heel. The posterior plantar surface of the foot is not completely covered. Please note that there may be a small fold of comfort layer material in the Achilles area. Guide this fold off the Achilles and lay it into the adjacent convex area. This fold will lay down smoothly without causing pain or discomfort when covered by the compression layer.



Step 4: Proceed up the leg, to just below the fibular head, or the back of the knee with minimal overlap, using slight stretch to conform to the shape of the leg. Cut off excess material.



Step 5: To provide additional comfort and protection, cut a piece of the comfort layer material and place it over the top of the foot, running it up the leg to protect the tibial crest. At the articulating area, make a slit on each side of the strip to conform at the ankle. Gently press into place.



Step 6: Light pressure applied at the end of the bandage ensures that it stays in place during application of the compression layer.

Application of compression layer (layer 2) for below the knee

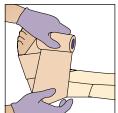
- Apply compression layer at 100% stretch and 50% overlap.
- · Hold the roll close to the limb throughout the application for controlled, even compression.



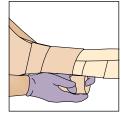
Step 1: With the foot in a 90 degree dorsiflexed position, start the application with a circular winding at the base of the toes, beginning at the fifth metatarsal head.



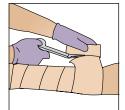
Step 2: The second circular winding should come across the top of the foot and around the back of the heel.



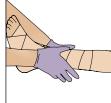
Step 3: Using the figure of eight technique, bring the roll back over the top of the foot, across the bottom of the foot and back up around the back of the heel. Complete two or three figures of eight around ankle ensuring that entire heel is covered with at least two layers.



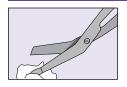
Step 4: Proceed up the leg with 50% overlap. Maintain 100% stretch throughout the process.



Step 5: End the wrap at the fibular head, or just below the back of the knee and even with the top edge of the comfort layer. Cut off any excess material.



Step 6: Gently press and conform the entire surface of the application. This will ensure that the two layers bond firmly together which helps reduce slippage during wear.





Dipping the scissor tips into moisturizing cream allows for comfortable and easy bandage removal. Cut down the leg in the direction of hair growth.

Note

Refer to the Instructions for Use for complete information related to the use of $3M^{\text{\tiny M}}$ Coban $^{\text{\tiny M}}$ 2 Two-Layer Compression Systems.

For venous leg ulcers ABPI \geq 0.8 - 3M $^{ imes}$ Coban $^{ imes}$ 2 Two-Layer Compression System

Tor verious leg un	10. Veneda leg alocio ABI 1200 OM Cobain 2 Two Lager Compression ogstem									
	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case			
Goor?	2094N	A6441/ A6452	4 in (10 cm) Kit: Comfort Layer 1 and Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.8 yd (10 cm x 3.5 m)	Full	2 rolls	8 boxes			

Reduced compression for mixed aetiology leg ulcers ABPI ≥0.5 - 3M™ Coban™ 2 Lite Two-Layer Compression System

<u> </u>			<u> </u>	•			
	3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
Coton?	2794N	A6441/ A6452	4 in (10 cm) Kit: Lite Comfort Layer 1 and Lite Compression Layer 2	4 in x 2.9 yd (10 cm x 2.7 m) 4 in x 3.5 yd (10 cm x 3.2 m)	Lite	2 rolls	8 boxes



Solventum Medical Surgical 2510 Conway Avenue East St. Paul, MN 55144 USA

Phone 1-800-228-3957 Web Solventum.com

Toe application methods A and B

There are two methods for wrapping toes. If toes are very swollen, it may be more comfortable to wrap the toes as a unit (**Method A**). This involves using a 2.5 in (5 cm) kit including a comfort layer and compression layer. The second method (**Method B**), involves wrapping the toes individually with a 1 in (2.5 cm) Lite compression wrap. Please follow the application steps below.

Materials and positioning

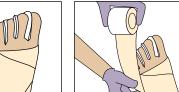
- Select the 2 in (5 cm) comfort foam layer and compression layer for the toe boot application.
- If toes are very swollen, it may be more comfortable to wrap the toes as a unit.

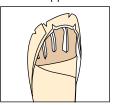
Method A Application of comfort foam layer (layer 1), for toe boot

• Apply 4 in (10 cm) comfort foam layer as per leg applications prior to toe boot application.











Step 1: Fill each web space with pieces of double-folded comfort foam layer, foam side out and trimmed to shape.

Step 2: With a 2 in (5 cm) wide comfort foam layer, make a circular turn without tension over the toes and the heel with the overlap over the fifth toe. Make a few slits to ease conformance over the toes.

Step 3: Cover the open areas over and under the toes. Trim to fit and mold to conform.

Method A

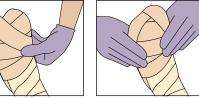
Application of compression layer (layer 2), for toe boot



Step 4: Using a 2 in (5 cm) compression layer roll, without tension apply a circular winding from toes to heel.



Step 5: Cover dorsal and plantar toe areas with compression layer applied at **100% stretch** in a fan fold technique with semi-circular windings. Avoid circular windings around toes.



Step 6: Mold the application to the anatomy of the forefoot.



Step 7: After toe wrapping, continue with the compression layer for the leg.

3M™ Coban™ 2 Lite Two-Layer Compression System

Materials and positioning

• Select the 1 in (2.5 cm) lite compression layer for the wrapping the toes individually.

Method B

Application of compression layer for wrapping individual toes (no comfort layer)

• Apply with minimum stretch and 50% overlapping layers.



Step 1: Begin the toe bandaging with one circular winding, beginning at the base of the toes with no tension.



Step 2: Bring the bandage along the great toe to the base of the nail bed with no tension. With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and 50% overlapping layers. Mold the bandage to conform to the anatomy.





Step 3: At the base of the great toe, take the bandage over the lateral border and across the plantar foot, and onto the dorsum of the fourth toe up to the base of the nail bed (the fifth toe is left unbandaged). With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and **50% overlapping** layers. Mold the bandage to conform to the anatomy.

Method B

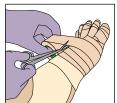
Application of compression layer for wrapping individual toes (no comfort layer) (continued)



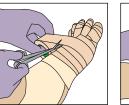
Step 4: At the base of the fourth toe, make a circular winding around the foot, bringing the bandage onto the dorsum of the second toe up to the base of the nail bed. With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and 50% overlapping layers. Mold the bandage to conform to the anatomy.



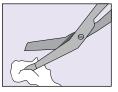
Step 5: At the base of the second toe, make a circular winding around the foot bringing the bandage onto the dorsum of the third toe up to the base of the nail bed. With the toe slightly flexed, proceed with circular windings, distal to proximal, with minimum stretch and 50% overlapping layers. Mold the bandage to conform to the anatomy.



Step 6: To secure the bandage, make one final circular winding around the foot. Cut, press into place and mold to the anatomy. After toe wrapping, continue with the compression layer for the leg.



Bandage removal





Dipping the scissor tips into moisturizing cream allows for comfortable and easy bandage removal.

Note

Refer to the Instructions for Use for complete information related to the use of 3M™ Coban™ 2 Two-Layer Compression Systems.

For toe boot — 3M™ Coban™ 2 Two-Layer Compression System

3M code	HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
2092		2 in (5 cm) Kit: Comfort Layer 1 and Compression Layer 2	2 in x 1.3 yd (5 cm x 1.2 m) 2 in x 2.9 yd (5 cm x 2.7 m)	Full	2 rolls	8 boxes

For individual toe wrapping — 3M™ Coban™ 2 Lite Two-Layer Compression System

3M code HCPCS code	Description	Size	Compression	Box qty	Boxes/Case
20721	1 in (2.5 cm) Individual Roll: Lite Compression Layer	1 in x 3.8 yd (2.5 cm x 3.5 m)	Lite	36	4 boxes



Solventum Medical Surgical 2510 Conway Avenue East St. Paul, MN 55144 USA

Phone 1-800-228-3957 Web Solventum.com