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Welcome to the next step in your healing journey

Using Solventum™ ActiV.A.C.™ Therapy at home

Your doctor has prescribed the most-studied negative pressure wound therapy in the world — Solventum™ V.A.C.® Therapy.
Here's some important information about continuing your wound healing journey at home.

Meet your Solventum™ ActiV.A.C.™ Therapy System

Your at-home system includes five parts:

1. A therapy unit that provides negative pressure to the dressing
2. A disposable canister that collects wound fluids and infectious materials
3. Sterile plastic tubing that allows the therapy unit to sense the amount of negative pressure delivered to the wound
4. Special foam dressings
5. A clear adhesive drape

V.A.C.® Therapy FAQs

How does V.A.C.® Therapy feel?

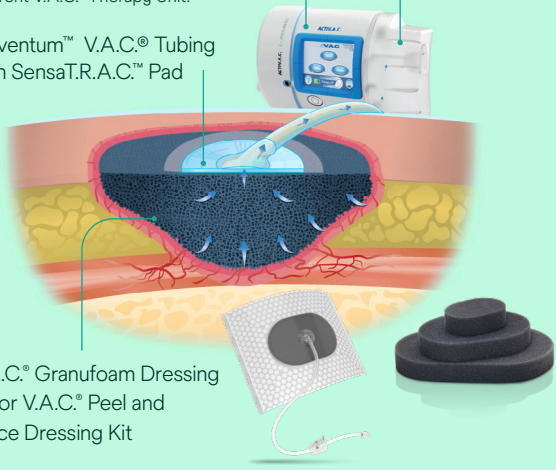
Most patients describe therapy as a non-painful, mild pulling sensation that, in most cases, is not noticeable after a few minutes. The wound may become tender or itch as it heals; this is usually a good sign. If itching or discomfort persists, contact your doctor.

What do I do if the system sounds an alarm?

If your therapy unit sounds an alarm, it's usually something that's easily fixed. Some key ways to fix the alarm is to check tubing for closed clamps, kinks, crimps or blockages, ensure dressing and drape have not shifted and blocked SensaT.R.A.C. Pad outer lumens or ensure power cord is securely connected to therapy unit. You can also refer to the documents that came with your therapy unit or watch the ActiV.A.C.™ system alert and troubleshooting video on our **site**.

Your at-home therapy may include Solventum™ V.A.C.® Peel and Place Dressing

It's the first Solventum V.A.C.® Therapy Dressing that can be worn for up to seven days.*



Does changing the dressing hurt?

Some people do experience discomfort during dressing changes depending on the wound type and location.

Ask your clinician if V.A.C.® Peel and Place Dressing could work for you. This dressing is kind and gentle to skin. The low tack adhesive allows for easier removal which may be helpful for patients with thin or sensitive skin.

Who should change my dressing?

Usually a nurse from your doctor's office, home health agency or wound care clinic trained in V.A.C.® Therapy, will change your dressing.

Can my friends and family help?

When directed by your doctor or nurse, and only after proper training, your caregiver, family member, or friend can assist in:

- Canister changes
- Responding to therapy unit alarms
- Monitoring the therapy
- Reordering supplies

* SAT-BSER-05-869347 V.A.C. Peel and Place BSER.

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How long should I keep the therapy on?

To give your wound the best chance to heal while on V.A.C.® Therapy, you should leave the unit running and on the wound for a least 22 hours every day. That may seem like a lot of time, but this helps to promote healing. If therapy stops or the unit shuts off for any reason, call your doctor or nurse. Without active therapy, your dressing will need to be replaced within two hours.

Can I take a shower?

If cleared by your doctor, a quick, light shower is ok. Keep the therapy unit away from direct water spray and do not submerge the dressing in water. When toweling off, be careful not to disturb the dressing.

Do I have to stay at home during therapy?

Your therapy unit is designed to support you on-the-go — however, the unit is battery powered and requires charging. It usually takes about 6 hours to fully charge the battery and it will provide up to 14 hours of use. To avoid damage to the therapy unit, use only the power supply cord included with the unit.

When should I call my clinician?

Immediately report to your clinician if you have any of these symptoms:

- Fever over 102°
- Diarrhea
- Headache
- Sore throat
- Confusion
- Sick to your stomach or throwing up
- Dizziness or feel faint when you stand up
- Redness around the wound
- Skin itches or rash present
- Wound is sore, red or swollen
- Pus or bad smell from the wound
- Area in or around wound feels very warm
- A sudden increase or a large amount of blood from wound in the tubing or canister

How do I use the carrying case?

There are 2 different types of ActiV.A.C. Therapy System carrying cases, which vary by the type of therapy unit you have. Position the unit so that the touch screen, power button and charge port are visible through the cut-outs on the carrying case.

- Keep the therapy unit in the upright position
- Keep the therapy unit in the carrying case when in use
- Keep the touch screen facing up if the therapy unit is placed on a level surface such as a table
- Use the adjustable strap to wear the carrying case across your chest
- Do not wrap the carrying case strap, power cord or dressing tubing around your neck

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Don’t run out of supplies

How do I order additional supplies?
Download the V.A.C.® Patient Support App to place orders and track shipments (see details on next page)
Or
Call **1-800-275-4524** for 24/7 Solventum Customer Service
Please allow 3-5 business days for delivery.

For additional questions, visit our site.

If you have questions about your wound or other medical issues, notify your medical provider.

Here's a handy V.A.C.® Therapy checklist

Before therapy

- Complete and sign proof of home delivery
- Watch our out-of-pocket cost video to better manage your healthcare costs and avoid surprises — scan code

Scan to Watch Video: Out-of-Pocket Costs

During therapy

- Remember to bring to your follow-up appointment:
  - ☐ at least 1 V.A.C.® Dressing Kit
  - ☐ at least 1 V.A.C.® Canister
- Keep V.A.C.® Therapy on as directed by your doctor
- Follow safe use and care instructions found in the Therapy Information Guide
- Download the Solventum™ V.A.C.® Patient Support App using the QR code to the right to easily reorder supplies, watch troubleshooting videos and track your wound healing progress
- You can also find important information at go.solventum.com/vac-patient

Scan to Download App: V.A.C.® Patient Support App

After therapy

Return the V.A.C.® Therapy Unit to Solventum at no cost.

- Disposable items (e.g., tubing, connectors, clamps, canisters, dressings, booklets, fabric carrying case), whether used or unused, should not be returned to Solventum
- Place the ActiV.A.C.™ Therapy Unit and power cord into the black hard case
- Place the case into the blue shipping bag. The prepaid shipping label comes attached to the blue shipping bag
- Drop off at your local shipping location using the pre-paid label, at no cost to you. If you are unable to drop off at your local shipping location, please contact Solventum at 1-800-275-4524.

Scan to Watch Video: Return Instructions

Notes from your care team:

Scan here for more information or visit our site.

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